

What should I know about Xarelto® 1?

- ◆ Xarelto® thins the blood, which prevents you from developing blood clots.
- ◆ Xarelto® must be taken exactly as prescribed by your doctor. To ensure optimal protection from blood clots, **never skip a dose.**
- ◆ Xarelto® must be taken at the same time every day. If you miss a dose, take a tablet of Xarelto® as soon as you remember, and then carry on with your next scheduled dose. Do not take two 20 mg tablets on the same day¹.
- ◆ You must not stop taking Xarelto® without first talking to your doctor as your risk of blood clots may increase.

- ◆ Speak to your health care provider prior to any intake of other medication, including homeopathic medication e.g. arnica and St John's Wort.
- ◆ Inform your health care providers about Xarelto® intake prior to any surgery or invasive procedure eg. a tooth extraction.

When should I seek advice from my health care provider?

When taking a blood thinner such as Xarelto® it is important to be aware of its possible side-effects. Bleeding is the most common side-effect. Do not start taking Xarelto® if you are at risk of bleeding, without first discussing this with your doctor.

Tell your health care provider right away if you have any signs or symptoms of bleeding such as the following:

- ◆ sudden pain
- ◆ swelling or discomfort
- ◆ persistent, out of the ordinary headache, dizziness or weakness
- ◆ unusual bruising, nosebleeds, bleeding of gums, bleeding from cuts that take a long time to stop
- ◆ menstrual flow or vaginal bleeding that is heavier than normal
- ◆ pink or brown urine, red or black stools
- ◆ coughing up blood, or vomiting blood or material that looks like coffee grounds

How do I take Xarelto® 1?

- ◆ To ensure optimal protection, Xarelto® 15 and Xarelto® 20 must be taken with food.

Patient Card

Xarelto® 15 Xarelto® 20



- ◆ **Keep this card with you at all times**
- ◆ **Present this card to every doctor or dentist prior to treatment**



REFERENCES 1. Registered XARELTO 15 and XARELTO 20 package insert of South Africa. For full prescribing information, refer to the package insert approved by the Medicines Regulatory Authority (MCC).
XARELTO® 10 (Rivaroxaban 10 mg): **South Africa:** [S4] Reg. No.: 42/8.2/1046; **Namibia:** [NS2] 10/8.2/0463. **Botswana:** [S2] BOT1302278; **Zimbabwe:** PP10 Reg. 2017/10.2/5362; **Mauritius:** R12697/02/14.
XARELTO® 15 (Rivaroxaban 15 mg): **South Africa:** [S4] Reg. No.: 46/8.2/0111; **Namibia:** [NS2] 12/8.2/0006; **Botswana:** [S2] BOT1302296; **Zimbabwe:** PP10 Reg. 2017/10.2/5363; **Mauritius:** R11772/02/14.
XARELTO® 20 (Rivaroxaban 20 mg): **South Africa:** [S4] Reg. No.: 46/8.2/0112; **Namibia:** [NS2] 12/8.2/0007; **Botswana:** [S2] BOT1302297; **Zimbabwe:** PP10 Reg. 2017/10.2/5364; **Mauritius:** R12698/02/14.
Applicant/HCR: Bayer (Pty) Ltd, Co. Reg. No.: 1968/011192/07, 27 Wrench Road, Isando, 1609.

LZA.MKT.GM.09.2015.1197
© Bayer July 2018



**I am under anticoagulation treatment
with Xarelto® (rivaroxaban).**

_____ Name	_____ Current medications / conditions
_____ Address	_____
_____	_____
_____	_____
_____ Birth date	_____ Weight
_____	_____
_____ Blood type	_____

**In case of emergency,
please notify:**

_____ Doctor's name
_____ Doctor's phone
_____ Doctor's stamp:

Please also notify:

_____ Name
_____ Phone
_____ Relationship

**Information for
health care providers:**

- ◆ INR values values should not be used to measure Xarelto® levels. They are not dependable measures of the anticoagulant activity of Xarelto®.